

Children & Young People's Health and Wellbeing Bulletin #2



23rd September 2020

COVID-19

- The Department for Education has [updated its advice](#) on managing confirmed cases of coronavirus (COVID-19) and what to do if a pupil is displaying symptoms of coronavirus (COVID-19).
- Please see flow chart for suspected cases of COVID



Flowchart for suspected cases of COVID

Relationships Education, Relationships and Sex Education (RSE) and Health Education

- [Together for All](#) – We've created an area, just for you, that has a range of resources to support and develop the curriculum. There is a section to tell people what is new and been added where
- **Resource pack developed with PSHE Association for drug, alcohol and tobacco education lessons**
PHE has worked with the PSHE Association to develop a resource pack for drug, alcohol and tobacco education lessons for Key Stages 1-4. [This resource pack will be published on 17 September, and will include lesson plans and resources for each key stage](#), as well as a comprehensive teacher guidance document and a briefing paper on the evidence base underpinning effective drug and alcohol education. The Department for Education (DfE)'s statutory guidance for Health Education requires that pupils be taught the facts and risks associated with drug, alcohol and tobacco use. At key stages 3 and 4 this extends to the facts, laws, risks and consequences associated with drug, alcohol and tobacco use and the dangers of drugs that are prescribed, but still present serious health risks.
- **Healthy Places ALS Webinar -**
What are the health and social needs of secondary school aged children and how has Covid-19 impacted on their health and wellbeing?
On Monday 5th October from 3:30pm -5:00pm the Public Health Team at North East Lincolnshire Council will be running a webinar to present the key findings of the 2019 Adolescent Lifestyle Survey. This locally conducted survey examined the health and lifestyle of young people in the area. The webinar will also present emerging data and insight about the impact of Covid-19 on local children, helping schools to consider the role they can play in promoting and protecting children's health and wellbeing during the Covid-19 pandemic.
Please click of on the document below for more information:



ALS webinar.pdf

- **PSHE Coordinators Meeting: ask the local experts Q & A session.**
Dates are available below showing what will be covered in the session.

15th October 2020	7th January	22nd April
<ul style="list-style-type: none"> • School nursing • Laura Peggs - RSE & HE • Gemma Dabb - mental health • Launch of Visitors Guidance 	<ul style="list-style-type: none"> • Compass • We Are With You • RSE & HE updates 	<ul style="list-style-type: none"> • Speakers TBC • RSE & HE updates

The sessions will be online, taking place on Microsoft Teams. Once your booking has been successfully completed, you will receive a link to join the meeting a few days before it is due to take place.

Please click of on the document below for more information:



PSHE Coordinators
Meeting Q&A.pdf

- **Relationships Education, Relationships and Sex Education (RSE) and Health Education online sessions.**

From September 2020 Relationships Education will be compulsory for all primary school-aged pupils, RSE will be compulsory for all secondary school-aged pupils and Health Education will be compulsory for all pupils in primary and secondary state funded schools. Now we are at the recovery stage of the Covid -19 pandemic, it's more important than ever to secure REHE provision in schools. Department of Education are encouraging all schools who are prepared for REHE to start delivery from 1st September 2020, however now is the time to make sure all CPD is up to date and relevant for your pupils. We are offering three courses aimed at covering aspects of the guidance so you are ready and effect in your REHE delivery.

The courses are local and enhance the national programme.

Please click of on the document below for more information:



RE RSE HE online
sessions.pdf