

Children & Young People's Health and Wellbeing Bulletin #4

21st October 2020



Wellbeing Return for Education

- North East Lincolnshire Council in conjunction with North East Lincolnshire Clinical Commissioning Group and Compass, we are delighted to announce that we will be rolling out the Wellbeing Return for Education webinars from October 2020.

The package of training is intended to support education staff to promote children, young people, teachers, parents and carers mental wellbeing and resilience and to aid mental health recovery in light of the impacts of the COVID-19 pandemic.

The aim is to help as many education settings as possible to provide wellbeing support for children and young people, preventing as many as possible from developing mental health difficulties and ensuring those with pre-existing or emerging difficulties access the right support.

What does the training cover?

- The training will be delivered by local experts in two webinar sessions which will last up to a maximum of 2 hours each, delivered to nominated education staff.

The webinars will focus on the whole school/college approach, wellbeing and resilience and helping school/college staff to reflect on ways they can continue to apply theory to real life scenarios.

- **Which education settings are eligible?**

The training is aimed at education settings for children and young people aged 5-19, including academies, special schools, pupil referral units and alternative provision.

- **Joining the webinars**

Bookings for the webinars are now live and are available to book onto from Tuesday 13 October 2020 and will be held at a range of different times throughout the day. The webinar sessions will be held virtually and therefore each education setting can book on up to 3 attendees and are aimed at senior leaders and mental health leads. The same representatives will need to attend both webinar sessions.

Please click [here](#) to book onto the webinar sessions.

- **Next steps**

Each of the education settings will be offered follow on support which will be provided by North East Lincolnshire Council's Community Educational Psychology Team

If you have any questions regarding the programme, please contact Gemma Dabb, Commissioning Manager, at Gemma.Dabb@nelincs.gov.uk.

Wellbeing Support

Every Mind Matters

Please see the [bulletin](#) signposting school staff to some resources around wellbeing support for children returning to school.